Silver Salisbury

Autumn 2026 - Summer 2027



Groups & clubs that welcome older people in Salisbury Wilton and the Stonehenge area.

With thanks to our funders

Wiltshire Council

Better Homes
Better Neighbourhoods
Better Lives

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SILVER SALISBURY · CELEBRATING OLDER PEOPLE ·

07842 865562
info@silversalisbury.co.uk

Community Transport & Link Schemes

These help people that can't use public transport and have no other way to get to appointments. User contributions help cover volunteers' mileage and admin costs. The more notice you give, the more likely they are to be able to help and you may need to register well ahead of your first journey. Contact your local scheme to see how it works.

Salisbury
Community Transport South West (CTSW)
01722 410123 or 01722 414566 or ctswsalisbury@outlook.com.

Amesbury
Amesbury & Boscombe Down Link 01980 677214 coordamesburylink@gmail.com
Amesbury HOPPA bus (run by CTSW) 01722 414566.

Durrington & District Link
07484 533559 covers Durrington, Bulford, Figheldean, Milston, Brigmerston, Larkhill, Netheravon, Enford, Fittleton.

Bourne Valley Link
01980 611117 for those living in the Bourne Valley villages along the A338.

These schemes make a big difference to people's lives and always need more drivers. If you could help for a few hours a week; your local scheme would love to hear from you. Drivers don't make more journeys than they want, expenses are paid and it's a rewarding volunteering opportunity.



Do you want to get out more but not sure what's on?
New to the area or looking to try something new?
Has your health changed and you want to know more about local support? If so, our Silver Salisbury Directory is just for you!

Silver Salisbury, is a small, registered charity, working to tackle loneliness and isolation by providing information to help older people stay socially active.

This directory is a round-up of some of the many local groups and organisations that welcome older people. There are details of more than 140 different groups. Whether you're looking for exercise, book groups, music, dancing or coffee mornings we're sure we've got it covered. We believe our information is correct in August 2026, however, if you're planning a visit later in the year it's probably worth ringing ahead, just in case anything has changed.

I hope you discover something of interest in our directory and it helps you, a friend or relative try something different. If you don't know where to start, why not drop in to one of our coffee mornings and go from there?



Best wishes,
Irene Kohler

Salisbury Older People's Champion
& Chair of Silver Salisbury Group
(charity 1198019)

SILVER SALISBURY · CELEBRATING OLDER PEOPLE ·

Silver Salisbury Autumn 26 - Summer 27

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Age UK's Fitness & Friendship Club: 2 - 4pm fortnightly on Thurs (incl. 8 and 22 Oct)	21
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Silver Salisbury

Social & Wellbeing continued...

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Disability Interest Group Salisbury Meetings: 6.30pm Wed 24 Sept & Wed 26 Nov	39
Beyond Dementia's Support Hub: 9am - 4pm Tues - Thurs	40
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RNLI Salisbury & Wilton Fundraising Branch	40



Silver Stonehenge

Films, Talks & more!

Amesbury Evening Women's Institute: 7.30 - 9.30pm 2nd Thur of the month	44
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Getting Creative

Amesbury Men's Shed: 10am - 3pm Mon, Wed & Sat	45
Craft & Cosy Group: 10am - 4pm Mon & Thurs (winter hours 10am - 2pm)	45
Durrington Crafty Chatters: 7 - 9pm Tues term time only	45
Crafternoon at Amesbury Library 2-3.30pm Thurs	45

Keeping Active

Get Wiltshire Walking: 10 - 11.30am & 11am - 12.30pm Tues & 9.30 - 11am Fri	46
Tai Chi and Qigong: 10.30 - 11.30am Wed	46
Stonehenge Strollers Walking Football: 7 - 8 pm Wed	46
Age UK's Fitness & Friendship Club: 2 - 4pm fortnightly on Wed also 14 & 28 Oct	47
Walking Rugby: 6 - 7pm Thurs & 10am to 12 noon Sat	47

Music, Singing & Dance

Amesbury Line Dancers: various times Tues, Wed & Thurs	48
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Social & Wellbeing

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Silver Wilton, Fovant & Dinton

Getting Creative	
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Wilton Coffee & Chat: 10.30am - 12 noon on the 1st Wed of the month	57
The Wednesday Club Wilton: 2.30 - 4pm 2nd Wed of the month	57
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SWANS WI: 2 - 4pm on the 1st Thurs of the month	58
Wilton & District u3a: 2 - 4pm on the 2nd Fri of the month	58



Silver Salisbury

Books, Reading & Writing

Tuesday Evening Reading Group

1

Come and meet our lovely friendly group who discuss all things bookish. All welcome, free to attend and no booking required. More information from 01722 324145 or libraryenquiries@wiltshire.gov.uk.

Salisbury Library, Market Walk, Salisbury SP1 1BL

7.30pm 1st Tuesday of the month

Wiltshire Sight's Audio Book Club

1

An in-person audio book club for blind and partially sighted people. We get together to discuss an agreed audio book and there is free coffee and tea available. To find out more or get involved contact 01380 723682 or email info@wiltshiresight.org.

Upstairs in Salisbury Library, (lift available), Market Walk, Salisbury SP1 1BL

11am - 12 noon 4th Wednesday of the month

Shared Reading Group

1

Join our friendly volunteers to enjoy a good story, discover poetry or listen to readings without the need to read ahead. A facilitator reads a piece of poetry or prose aloud and anyone is welcome to discuss or comment. No need to book but more information from the library on 01722 324145.

Salisbury Library, Market Walk, Salisbury SP1 1BL

11am - 12 noon 2nd & 4th Thursday of the month

Do you know someone who'd like to LISTEN to the Salisbury Journal every week?

Local charity Salisbury & District Talking Newspaper provides a free, weekly, recording of the Journal to people that are unable to hold the paper, blind or partially sighted. We can also lend you a portable machine to play the memory stick recordings on. To find out more contact; 07395 862954, salisburytn@gmail.com or S.D.T.N, c/o The Chapter Office, 6 The Close, Salisbury SP1 2EF

X Shows location on map on page 42 and 43

Films, Talks & more!

Spire u3a

2

u3a provides learning opportunities for people no longer in full-time work. There are a wide variety of groups, run by volunteers, meeting at different times. £18 annual membership plus the expenses of any groups. There's a monthly get-together and talk. To find out more come along to one of these, email paoliver.kelly@gmail.com or call 07850 766905.

The Memorial Hall, Watersmeet Road, Harnham, Salisbury SP2 8JH

10 am - 12 noon 2nd Monday of the month

Get Connected: Digital Inclusion sessions

1 3

Join us for free, practical one-to-one support with your phone, tablet, iPad or laptop. Please book for the sessions at the library either at the desk or by calling 01722 324145. You can drop in for the sessions at the Methodist church but if you need more information on the drop-in sessions please call 01722 743700 or email monica.gillings@salisburymethodist.org.uk.

Salisbury Library, Market Walk, Salisbury SP1 1BL

9.30, 10.15 or 11 am Tuesdays

Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

2 - 4pm 3rd Tuesday of the month to July 2027 but not December

FREE Film Matinees for the Over 60s

4

Everyman Cinema and Home Instead Salisbury invite you to FREE, dementia friendly afternoon matinees. Doors open at 12.30 with the film at 1. No charge but donations to Silver Salisbury are welcome. No need to book but more information from 01722 515767.

Upcoming showings:

6 Oct - On Golden Pond
3 Nov - The King's Speech
1 Dec - Deck The Halls

Everyman Cinema, 17 Endless Street, Salisbury SP1 1DP

1pm doors 12.30pm usually 1st Tuesday of the month, after December call to check

X Shows location on map on page 42 and 43

Films, Talks & more!

Arts Society Sarum

3

A great way to learn, have fun and make new friends. You can also become involved in conservation volunteering projects in churches, museums and stately homes. Doors open at 10am for coffee. Lectures at 10.50am. Membership fee is currently £50 a year or come as a guest for a donation. No need to book but more information from membership.artssarum@gmail.com or 07801 704254.

The Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

10 am - 12 noon 2nd Wednesday of the month from October to July

First Wednesday Talks from Harnham Parish

5

A talk by a local speaker sharing their knowledge and experience on a topic of interest. No charge, donations invited. No need to book but information from 07962 213494, charleswoodd46@gmail.com.

Harnham Parish Hall, Lower Street, Salisbury SP2 8EY

7.30 - 9.30pm 1st Wednesday

Harnham Community Network's Film Night

6

Featuring a recently released film. Tickets £5 on the door, cash or card. Free transport can be booked from a central venue in West or East Harnham. Contact Charles 07962 213494, harnhamcommunity@gmail.com. The licensed bar at the Club is open all evening.

Harnham Community Sports and Social Club, Parsonage Green SP2 8LA

7.30 - 9.30ish pm 3rd Wednesday of the month



X Shows location on map on page 42 and 43

Films, Talks & more!

Salisbury & District U3A

3

A vibrant community of retired and semi-retired individuals with the motto: LEARN, LAUGH, and LIVE. We have guest speakers at our monthly get-togethers. First-timers are welcome to come along as guests and find out more about our diverse, indoor and outdoor activities, ranging from Table Tennis, Rummikub and Music to Book Clubs and more! Annual membership £19. Come along to a monthly meeting or visit our website at salisburyanddistrict.u3asite.uk or call 07722 618286 to find out more.

The Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

10am - 12 noon 1st Wednesday of the month

Bemerton Film Society

7

An interesting film every month of the year. Open to all. £7 per session. No need to book but information from www.stjohnsplace.uk or 01722 326261.

St John's Place, Lower Road, Lower Bemerton, Salisbury SP2 9NW

7.30pm (doors open at 7pm) 2nd Wednesday of the month

History Club at Salisbury Library

1

Everyone's welcome at this local history group, which hosts some interesting speakers. No need to book just come along. For more information contact anneinbemerton@gmail.com or 01722 326261.

Salisbury Library, Market Walk, Salisbury SP1 1BL

2 - 3.30pm 3rd Wednesday of most months

Bemerton Talks

7

Monthly talk, often but not exclusively on historical topics. No charge, donations invited in aid of St John's Place. No need to book but more information from www.stjohnsplace.uk or 01722 326261.

St John's Place, Lower Road, Lower Bemerton, Salisbury SP2 9NW

7.30pm (doors open at 7pm) 3rd Wednesday of the month (most months)

X Shows location on map on page 42 and 43

Films, Talks & more!

Bourne Valley Historical Society

8

Lectures and visits of historical interest plus access to a large archive collection. £16 per annum for attendance at all meetings. Visitors welcome for up to two meetings for a donation. No need to book but more information from 01980 611311 or maureenatkinson16@gmail.com or www.bournevalleyhistory.org.uk.

Winterbourne Glebe Hall, Vicarage Lane, Winterbourne Earls SP4 6HA

7.30 - 9pm 3rd Thursday of the month (except August and December)

Gardening & The Great Outdoors

Volunteer day at Hazel Hill Wood

9

Practical, wildlife conservation tasks at Hazel Hill Wood. Please book by contacting volunteer@hazelhill.org.uk or 07519 464023.

Hazel Hill Wood, Grimstead Road, near East Grimstead, SP5 1AU

10am - 3pm 1st Friday of the month



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Getting Creative

Kaleidoscope Group

10

Art, craft and social group run by Salisbury City Council's Community Team. No charge. No need to book but more information from 01722 417100 or jwise@salisburycitycouncil.gov.uk. There is a hill up to the community centre. A bus stops at the bottom of the hill.

Bemerton Heath Centre Pinewood Way, Salisbury SP2 9HU

1 - 3.30pm Mondays and 12 - 3pm Wednesdays

Knit and Natter at 5 Rivers Leisure Centre

11

We do what it says in the title. You're very welcome to come and join us at this free session hosted by Anne of Annie's Wool shop. If you need to know more, contact anne217summers@btinternet.com or call 07919 522791.

Five Rivers Leisure Centre, Hulse Road, Salisbury SP1 3NR

1 - 3.30pm Wednesdays



The Friary Art & Craft Group

12

Free refreshments and various crafts. No booking required but information from 01722 417100 or jwise@salisburycitycouncil.gov.uk.

The Friary Community Centre, 114 Carmelite Way, Salisbury SP1 2HW

2 - 4.30pm Wednesdays in term time

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Getting Creative

ArtCare's Creative Coffee Club

13

Drop in anytime 11am - 1.30pm for coffee and relaxed creative activity - follow easy instructions with ArtCare staff to help. Open to all and free of charge. No previous experience necessary. Please book on 01722 336262 ext 5617 or eventbrite.co.uk/o/artcare-28126838233. Disabled parking nearby, free for blue badge holders. We are 200 yards from The Green Bus Stop. R1 bus every 15 minutes from Salisbury City Centre.

Culture Club, The Green, Salisbury District Hospital, Odstock Road SP2 8BJ

11am - 1.30pm 3rd Thursday of the month



Momentum (formerly Mind The Gap)

14

A mix of workshops, talks and projects exploring theatre and how it is made. Sessions are led by professional artists and practitioners across a range of art forms. Join Momentum to gain insight into the world of Salisbury Playhouse, try something new and meet new people. £7 a session; choose just the ones that interest you or book a whole term at once to get 1 session free. For more information contact takepart@wiltshirecreative.co.uk or call 01722 320333.

Salisbury Playhouse, Malthouse Lane, Salisbury SP2 7RA

10.30am - 12.30pm fortnightly on Fridays

Well-City Salisbury

Well-City Salisbury is a partnership project between four local charities: Wessex Archaeology, Wiltshire Creative, ArtCare, and Wiltshire Wildlife Trust. Together, we work with local artists and experts to use arts and creativity to support adults in Salisbury and the surrounding area (SP1–SP5). Our creative courses aim to improve mental health and wellbeing, build confidence, and reduce loneliness and social isolation. Courses open for booking can be found on wellcitysalisbury.co.uk, by emailing, wellcity.salisbury@wessexarch.co.uk or phoning 07707 296883. All courses are free to attend and materials are provided.

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Keeping Active

Salisbury FC Walking Football

Open to anyone over 50, men and women. Indoor recreational sessions at 5 Rivers Leisure Centre Tuesdays and Thursday mornings: Wilton Road Sports Ground on Mondays and Friday mornings and Sarum Academy Bemerton on Wednesday evenings. Disability is not a barrier, if you can walk unaided. Come and join a community of footballers. More information from Salisbury Walking Football on Facebook, Salisburywalkingfootball@gmail.com or 07540 518513.

Various sessions Monday - Friday

Wessex Walkers

This group is now affiliated with Salisbury and District U3A.We use buses to access the countryside around Salisbury for walks of 4-6 miles. You need to be reasonably fit for hills and stiles and wear good boots. Sorry NO dogs. Current or potential U3A members may view our current schedule by contacting sulycett@gmail.com or calling 07500 990860. Membership of U3A is £19 pa and the group capacity is 60 walking members.

Mondays apart from bank holidays and August



Low Impact Dance Fitness - Zumba® Gold

3

A low impact class with all the elements of fitness, but the main focus is having fun. No dance experience is needed and there are no wrong moves! No booking required and your first class is free, then £7 per class. Contact Kirstie 07787 101410, email loomsie@yahoo.co.uk or visit www.kirstiepugh.co.uk.

Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

10 - 10.45am Mondays and Thursdays

X Shows location on map on page 42 and 43

Seated Exercise

3

Seated Zumba® Gold, chair (seated) exercise class adapted for those with balance and mobility issues. Meet new people and have fun whilst getting fitter. No booking required and your first class is free, then £7 per class. Contact Kirstie 07787 101410, email loomsie@yahoo.co.uk or visit www.kirstiepugh.co.uk.

Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

11 - 11.45am Mondays

Seated or Standing Yoga and Fitness Pilates

3

A class combining Yoga, Fitness Pilates, Balance, Stretching and toning but all adapted so that there is no floor work. Improve co-ordination, mobility, balance, flexibility, strength and fitness Can be done seated or standing. No booking required and your first class is free, then £7 per class. Contact Kirstie 07787 101410, email loomsie@yahoo.co.uk or visit www.kirstiepugh.co.uk.

Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

12 - 12.45pm Mondays and 11 - 11.45am Thursdays

Exercise and Movement to Music

15

Gentle to moderate exercise through movement for the whole body, mostly seated, to a wide variety of music. It's a friendly class. First class free, then a small weekly donation. No need to book but further information from sheila.wills@hotmail.com or 01722 333954 (leave a message).

Salisbury Baptist Church, Brown Street, Salisbury SP1 2AS

2.30 - 3.30pm Mondays term time only

Walking Netball

11

Wiltshire Council's walking netball is run by trained volunteers. A brilliant way to stay active, socialise and have fun, regardless of ability. £3.70 a session. For more information contact: rachael.cornish@wiltshire.gov.uk or call 01249 706468.

Five Rivers Health and Wellbeing Centre, Hulse Road, Salisbury SP1 3NR

5 - 6pm Mondays

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Keeping Active

Tai Chi and Qigong

16

Gentle low impact exercise aimed at relaxation. The movements can help flexibility, balance and co-ordination. First session free then £6 for 1hr or £3 for 30 mins. Pay as you go. No need to book but more information from Jill, 07756 407370 or jillsc21@gmail.com.

St Martin's Centre, St Martin's Church Street, Salisbury SP1 2HY

6 - 7pm Mondays



Salisbury Rugby Club's Walking Rugby

17

Walking rugby is a competitive but non-contact version of rugby; there's no running, tackling, line outs or mauls. It's suitable for both men and women and is a great way to remain active, improve fitness and hand to eye co-ordination. Come along and try a few practice elements and play some games, maybe followed by a coffee and biscuit. Please call 07977 917009 before your first session to find out where we're meeting, as we alternate with Amesbury Walking Rugby.

Salisbury Rugby Club, Castle Road, Salisbury SP1 3SA

10.30 - 11.30 am Tuesdays

Short Mat Bowls

18

We have two mats. Age and ability are not an issue, whilst everyone is trying to bowl the perfect ball it's friendly, not competitive. Please come along, we have spare bowls for you to try. The first session is free, after that it's £3 a session, including tea and coffee, for more information call 01980 610613.

Idmiston Memorial Hall, Idmiston Road, Porton, Salisbury SP4 0LB

1.30 - 3.30pm Tuesdays

X Shows location on map on page 42 and 43

Footsteps to Fitness 30-minute walks

6

A free walk from Ramblers for Wellbeing Walks Salisbury. Suitable for new walkers, those recovering from illness or surgery or anyone who lives alone and wants to get out and meet new people. All walks are followed by the opportunity for a social coffee and chat. No booking required but information from 01722 334209 or pamrouquette@hotmail.com. Take the R5 bus to the Old Parsonage.

Meet at Parish Hall, Lower Street, West Harnham, Salisbury SP2 8EY

10am 1st & 3rd Wednesdays

Silver Cyclists of Salisbury

11

Into its third year now, these are confidence-building, fun, cycle rides for all. No charge but bring cash or card for refreshments. All you need is a bicycle with blown up tyres and a helmet. Rides are mainly on back roads and cycle paths and vary in length, depending on attendees, BUT we always stop for a break along the way and try to choose as flat routes as possible! For more information, or to join our WhatsApp group, contact Gillian on 07909 756474. We cycle on a Tuesday one week, Wednesday the next, then Thursday and then back to Tuesday again.

Meet at Five Rivers Leisure Centre, Hulse Road, Salisbury SP1 3NR

10am on alternating Tuesdays, Wednesdays & Thursdays



Get Wiltshire Walking

11

We aim to ensure every community in the county has access to a FREE weekly walk led by qualified walk leaders. We try to vary the routes each week and make sure that the slowest walkers are looked after. It's a great way to get fit, meet new people and get to know your local area. Sorry no dogs, other than assistance dogs. No need to book, for more information contact 07342 066608 or GetWiltshireWalking@wiltshire.gov.uk.

Meet at Five Rivers Leisure Centre, Hulse Road, Salisbury SP1 3NR

9.30 - 11am Wednesdays

X Shows location on map on page 42 and 43

Keeping Active

Doorstep Walks

Ramblers Wellbeing Walks Salisbury offers three levels of free, guided walks:
- a Footsteps walk of 30 minutes for new walkers and those recovering from illness or surgery.
- a steady walk of 45 - 60 mins, mainly over level ground, possibly with uneven surfaces, taken at a slower pace.
- a longer walk of up to 90 mins for people looking for more of a challenge to increase their level of physical activity.

The walks start at different places each week, always near bus routes. A paper programme of starting points can be picked up from Salisbury Information Centre, Salisbury Library or viewed at www.experiencesalisbury.co.uk/listing/ramblers-wellbeing-walks-salisbury.

10am Thursdays (Footsteps walks are on the 1st 4 Thursdays of the month)



Walking Tennis

19

New to tennis and looking for an introduction to the game? Played in the past and looking to play again? Maybe you've had injuries that prevent you playing the standard game? Walking tennis offers a more relaxed experience and caters for all abilities. It offers exercise, coaching and socialising. £5 a session. More info from janpaterson348@gmail.com or 07931 794818.

Riverside Tennis Club, Fisherton Farm Allotments, Coldharbour Lane SP2 7DG

10 - 11am Thursdays

X Shows location on map on page 42 and 43

Keeping Active

Chair exercise with fitness and yoga/relaxation

20

A friendly and welcoming group of over 50s. A mix of exercises combining fitness, yoga, Pilates and relaxation using a chair. All abilities and ages welcome. Can be done seated or standing. First class FREE, then £7 a class with tea, coffee and biscuits afterwards. No need to book but information from 07726 554298 or radiantyoga.jane@gmail.com.

Old Sarum Community Centre, Pheasant Drive, Old Sarum SP4 6GH

11.45am Thursdays

Age UK's Fitness & Friendship Club

21

Join us to have fun with others socialize and do some gentle seated exercises that can help strengthen and support you with everyday tasks. Enjoy chats over tea or coffee games and relaxing Tai Chi. £6 per session, your first session is free! No need to book but more information from 07754 612569 or fitnessandfriendship@ageukwiltshire.org.uk.

United Reformed Church, 30 Fisherton Street, Salisbury SP2 7RG

2 - 4pm fortnightly on Thursdays, including 8 & 22 October

Salisbury Ladies Walking Football

11

No experience needed, make new friends, get fitter, have fun! Turn up or contact 07401 828144 or email salisburyladieswf@gmail.com.

Five Rivers Health and Wellbeing Centre, Hulse Road, Salisbury SP1 3NR

5 - 6pm Thursdays

This Girl Can! Low Impact Fitness

10

Join other women for a low impact, fun and sociable workout. No charge and no need to book. For more information contact: rachael.cornish@wiltshire.gov.uk or call 01249 706468.

Bemerton Heath Centre, 58-60 Pinewood Way, Salisbury SP2 9HU

11am - 12 noon Tuesdays

X Shows location on map on page 42 and 43

Keeping Active

No Strings Badminton

11

Wiltshire Council's walking badminton is run by trained volunteers. A brilliant way to stay active, socialise and have fun, regardless of ability. £3.70 a session. For more information contact: rachael.cornish@wiltshire.gov.uk or call 01249 706468.

Five Rivers Health and Wellbeing Centre, Hulse Road, Salisbury SP1 3NR

9 - 10am Fridays



Salisbury Hockey Club's Walking Hockey

22

Hockey but walking! Whether you're new to hockey or a former player, come and try it. Equipment's provided. Just wear shoes and clothing suitable for activity and bring water. Drinks, biscuits and chat in the clubhouse after. Six trial sessions, then £95 annual membership. If you're worried about being able to manage a session, contact us: comms@salisburyhockeyclub.co.uk or 07764 164817. We're keen to find a way for everyone to play.

Salisbury & South Wilts Sports Club, 1 Wilton Road, Salisbury SP2 9NY

9.55 - 11am on Fridays

Footsteps to Fitness 30-minute walks

23

Ramblers Wellbeing Walks Salisbury's free walk, for new walkers, those recovering from illness or surgery or anyone who lives alone and wants to get out more. Walks are followed by the opportunity for a social coffee and chat. All Castle Road buses stop at Victoria Park as does the R12 from Stratford Bridge. No booking required but information from 01722 334209 or pamrouquette@hotmail.com.

Meet at The Coffee Kiosk, Centre of Victoria Park, Castle Road, Salisbury SP1 3NE

10am 1st & 3rd Fridays of the month

X Shows location on map on page 42 and 43

Bemerton Live

7

Social coffee mornings with gentle exercise classes for older people. £8 a session, first one free. No special clothing/equipment required, just wear loose and comfortable clothing. No need to book but more information from 01722 321683 or sjp.commevents@gmail.com.

St John's Place, Lower Road, Lower Bemerton, Salisbury SP2 9NP

10.30am - 12 noon Fridays

Salisbury Shopmobility

24

Salisbury Shopmobility gives those with limited mobility the freedom and independence to access the city. You can hire scooters, powerchairs, manual wheelchairs, rollators. Membership is £10, daily hire £5.50 a day, long-term travel scooter hires £10 a day, long term wheelchair hire, £5.50 a day and one-off casual hire £16. We also provide a safe and welcoming space for a chat and a lifeline for those that feel isolated. Call 01722 328068 to book a registration appointment.

You need 2 forms of ID to register. If you can't get to Shopmobility you can arrange for one of us to meet you at a city centre bus stop or other location. Not registered? We can collect you in a wheelchair and bring you to Shopmobility to complete your registration and training. Please call or email shopmobility@salisburycitycouncil.gov.uk to discuss your needs.

Salisbury Shopmobility, 3B Priory Square, Malthouse Lane, Salisbury SP2 7TL



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X Shows location on map on page 42 and 43

Theatre, Music, Singing & Dance

Sarum Ukulele Learner's Group

25

Learn, play and sing along to all your favourite songs in relaxed and friendly company. £4 a session. No need to book but more information from Ray 01722 414299, or email sarumukeslg@gmail.com.

1 - 1.45pm: Beginners/Learners; learn the basics, tuning, holding, strumming and elementary chords

2 - 2.45pm: Capable Players; for those who understand the basics and do not require individual tuition

23rd Salisbury Scouts Group's Hall, 67 Stratford Road, Salisbury SP1 3JR

1 or 2pm Mondays



The Coffee Choir

26

A friendly, non-auditioned ladies' choir that meets in Bodenham on the A338, just south of Salisbury. We enjoy a wide range of music, from jazz classics to songs from the 60's and often sing at local events. Free trial then £7 per week if paid half termly in advance or £8 pay as you go. Please contact Kate before your first visit so she can make sure there's music for you; keedgar@aol.com or 07977 071637.

The Radnor Hall, Bodenham, Salisbury SP5 4EQ

10.30 - 11.45am Tuesdays (coffee at 10)

X Shows location on map on page 42 and 43

Theatre, Music, Singing & Dance

English Country dancing

27

A friendly and social club, dances range from sedate and stately to fast and active but most dances are at a moderate pace. A free trial, then sessions are currently £5. For more info visit www.salisburyfolkdance.org.uk, email salisburyfolkdanceclub@gmail.com or call 01980 611815.

St Martin's Primary School, Shady Bower, Salisbury SP1 2RG

7.30 - 9.30pm Tuesdays

Dance Six-0 Open Classes

28

Join our fun, lively & friendly dance classes, set to a broad range of songs and music from across the decades. If you are 60+ (or approaching!) and love to dance in your kitchen - then this class is for you! Dancers work at their own pace and individual ability; no previous dance experience is required. Dance-artist Debbie Lee-Anthony (also well into her 60's) welcomes new people and offers a free Taster class. Please call Debbie on 07940 542306 or email her at debdance60@gmail.com for more details.

Salisbury Arts Centre, Bedwin Street, Salisbury SP1 3UT

10.15 - 11.15am, 12 - 1pm or 1.30 - 2.30pm Wednesdays



X Shows location on map on page 42 and 43

Theatre, Music, Singing & Dance

Goldies Sing&Smile

3

Fun, daytime social groups where we sing-along to popular hits from the 50s onwards. Goldies isn't a choir, you don't have to be able to sing to join, just love music and good company. Everyone is welcome. No need to book but further information from events@golden-oldies.org.uk or 01761 470006. Recommended donation of £3 per person, carers free. For dates in July and August please check www.golden-oldies.org.uk/wiltshire.

Salisbury Methodist Church, St Edmunds Church Street, Salisbury SP1 1EF

2 - 3pm 2nd Monday of each month

Salisbury Dancers

3 29 7

Fun dance sessions with 60-00's dance and club hits. No set dances, do your own thing; no judgements; no dressing up; friendly group but socialise only if you want to. Refreshments provided unless there is a club bar. Tickets are £8 cash on the door OR £50 membership for a year of dances (approx. 30) contact; fi@vitalimpact.co.uk or call/text 07803 535431. All proceeds go to Salisbury Hospice and Cancer Care charities.

Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

8.30pm Fri 29 Sept & Fri 17 Nov & 9pm Fri 18 Dec (Xmas party)

St Pauls Conservative WMC, 41 Devizes Road, Salisbury SP2 7AA

7 - 11pm Fri 18 Sept, 9pm Fri 16 Oct, Fri 6 Nov & Fri4 Dec

St John's Place, Lower Road, Lower Bemerton, Salisbury SP2 9NP

8.30pm Fri 11 Sept & Fri 30 Oct

The Vinyl Café

14

A relaxed space where you can bring records and have them played by our resident DJ. If you don't have your own records, just come for a coffee and a listen. Everyone welcome. Free and no need to book but more information from 07842 865562.

Salisbury Playhouse Community Room, 2 Malthouse Lane, Salisbury SP2 7RA

2 - 3.30pm 3rd Friday of the month.

X Shows location on map on page 42 and 43

Theatre, Music, Singing & Dance

Mulepackers Country & Western Dance Clubs

30 31

Country and Western line and partner dancing classes for all levels including an absolute beginners class. It helps with planning if you contact Mel on 07946 733605 before your first session. More information from www.mulepackers.co.uk. Regular buses stop nearby.

Various classes: Laverstock & Ford Village Hall, Park Road, Salisbury SP1 1RQ

Absolute beginners: Barrington Centre, Barrington Road, Bishopdown SP1 3JD

7pm Tuesdays



Studio Theatre Drama Group

32

A lively and exciting amdram group; staging 5-6 productions a year. We're run entirely by volunteers and would love to hear from anyone interested in joining us. It's not just acting; every show requires help with the box office, bar, stage management, props, lighting, sound, publicity and much more. To get involved contact info@studiotheatre.org.uk or 01722 324202. Information on upcoming productions from www.studiotheatre.org.uk or Salisbury Information Centre 01722 342860.

Studio Theatre, next to the fire station, Ashley Road, Salisbury SP2 7TN

X Shows location on map on page 42 and 43

Social & Wellbeing

Spitfire Kitchen's Chatty Café

33

A chance to sit down with like-minded people and enjoy coffee, cake and most importantly, a chat. Drop in and see us. Further information from Kerry on 07514 548516.

Spitfire Kitchen, Warner House, 123 Castle Street, Salisbury SP1 3TB

10am - 12 noon Mondays

Senior Social Club

10

Board games, pool, table-tennis, social every week and a quiz every 2nd Monday of the month. Free but small charge for sandwich lunch if wanted (usually £1.50) including drinks. No need to book but more information from 01722 417100 or jwise@salisburycitycouncil.gov.uk. There is a bit of a hill up to the community centre. A bus stops at the bottom of the hill.

Bemerton Heath Centre, Pinewood Way, Salisbury SP2 9HU

10.30am - 1pm Mondays in term time



Jo Benson Centre

34

Our Day Centre provides an opportunity to socialise, join in engaging activities, and respite for carers. For more information call 01722 337175 or email jobensondaycentre@btconnect.com.

Christie Miller Road, Salisbury SP2 7EN

9am - 3pm Monday to Thursday

Silver Salisbury's Laverstock Coffee & Chat

30

Tea, coffee and biscuits and an occasional guest speaker. No charge but donations towards refreshments appreciated. Call 07842 865562 for information.

Laverstock & Ford Village Hall, Park Road, Laverstock, Salisbury SP1 1RQ

10 - 11.30am 1st Monday of the month

Harnham Day Centre

35

A day-time social club for older people. Great company in pleasant surroundings with stimulating activities and the option of a two-course lunch. New members and those looking for a fun volunteering opportunity are very welcome. £10 with lunch; £3.50 without. For more information call Jan on 07711 269646 or email peterwd@hotmail.co.uk.

Brympton House, Gawthorne Drive, West Harnham, Salisbury SP2 8PG

10am - 3pm Mondays and Thursdays

The 'Crossbarr' Community Cafe

31

A friendly and informal community cafe, offering homemade cake and soups. Donations only. We can provide a 'Buddy' to come with you on the first visit, if helpful, as we know that new situations can be daunting. More information from 07422 687992 (office hours only) or sp.lodge@icloud.com.

Barrington Centre, Barrington Road, Bishopdown, Salisbury SP1 3JD

11am - 2pm on Mondays

Salisbury Listening Place

3

We provide a friendly and safe place where you can share whatever is on your mind with a trained listener. This is a free, confidential and impartial service; we will not interrupt, advise or judge you but will support you in finding your own way forward. No need to book but further information from 01722 325 294 or salisburylisteningplace@gmail.com.

Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF

5 - 7pm Mondays & 10am - 12 noon Wednesday & Saturdays

Social & Wellbeing

Harnham Memory Café

36

Run by Carers Together Wiltshire in partnership with Beyond Dementia this group provides an opportunity to connect with others going through similar experiences. Professionals are on hand to discuss support available from Carers Together Wiltshire. Beyond Dementia's standard fee is £5, but they offer a 'Pay What You Can' option so everyone can take part. To find out more call 01225 776481 or email office@beyonddementia.org.uk.
https://beyonddementia.org.uk/community-groups/harnham-memory-cafe.
St George's Hall, Lower Street, Harnham, Salisbury SP2 8EY
10.30am – 12 noon 1st Monday of the month



Conversation Club at Salisbury Museum

37

A club bringing people together through conversation and objects. Aimed at older people or those who are lonely or isolated, participants enjoy the museum and its collections and find new connections. The club is suitable for people in the early stages of dementia and their carers. £5 (non-members), £4 (members), accompanying carers free. Please book your first visit, after this booking is not needed and payment can be made on the day. The venue is fully accessible but there's no public parking. Blue Badge parking can be booked in advance. To book a first visit or for information, contact 01722 332151 or bridgettelfer@salisburymuseum.org.uk.
Salisbury Museum, The King's House, 65 The Close, Salisbury SP1 2EN
10.30am - 12 noon or 1.30 - 3pm 3rd Monday of the month

X Shows location on map on page 42 and 43

Porton Over 60s

18

This group gets together for talks, quizzes and chat. Come as a visitor for a week or two and if you like it, sign up for our £25 annual membership which covers the hall rental, food and drink at the AGM, the annual garden party and the harvest lunch. More info from Janet on 01980 610544.
Idmiston Parish Memorial Hall, Idmiston Road, Porton SP4 0LB
2pm last Monday of the month

Our Community Café

15

Free tea, coffee, cakes and biscuits. Affordable lunches available. Support from organisations such as: Alabare, access to mental health support, Wiltshire Council Wellness and Prevention Team, Social Connectors, Acorn Community Bank, CMA for financial inclusion and debt management, Wiltshire Sight and our own volunteers with skills in financial inclusion, managing on a budget, benefits applications etc. All are welcome. More information from 01722 417100 or communities@salisburycitycouncil.gov.uk
The Baptist Church, 41 Brown Street, Salisbury SP1 2AS
10am - 2pm Tuesdays

Spire Coffee Shop

21

Coffee, tea and cakes sold at very reasonable prices. Any queries call 07599 372539.
Salisbury United Reformed Church, 30 Fisherton Street, Salisbury SP2 7RG
10am - 12 noon Tuesdays and 10am - 12.30pm Saturdays

Wiltshire Sight's Resource Centre

Advice, information and practical help for anyone living with sight loss and their friends and family. From support with technology, to accessing books, resources and magnification we can help you to live your life the way you want to. Call 01380 723682 to make an appointment or e-mail info@wiltshiresight.org for more information.
10am - 4pm Tuesdays

X Shows location on map on page 42 and 43

Social & Wellbeing

MS Therapy Group

10

Open to anyone with MS or any other chronic condition. There are professional therapists who can offer treatments for £5. More information from 01722 417100 or email jwise@salisburycitycouncil.gov.uk. There is a hill up to the community centre. A bus stops at the bottom of the hill.

Bemerton Heath Centre Pinewood Way, Salisbury SP2 9HU

10.30am - 3pm 1st Tuesday of the month

Open House Coffee Morning at Old Sarum Manor

38

Elmfield Care invite you to their monthly coffee morning at Old Sarum Manor. No need to book but more info from 01722 445490.

Rhodes Moorhouse Way, Salisbury SP4 6SA

10.30am - 12 noon 1st Tuesday of the month

Salisbury Carer Cafe

39

A chance for unpaid Carers to chat, relax and catch-up. Free drink and a cake for all unpaid Carers. No need to book, just turn up on the day. To find out more call 01380 710300 or email: enquiries@carerstogetherwiltshire.org.uk. https://carerstogetherwiltshire.org.uk/events/

The White Hart Hotel, St John's Street, Salisbury SP1 2SD

2 -3.30pm 3rd Tuesday of the month



X Shows location on map on page 42 and 43

Cancer Support Salisbury's Social Drop-in

40 41

Friendly & supportive social drop-in for anyone affected by cancer including their loved ones and carers in the Salisbury and surrounding areas. Come along for a chat with our volunteers over a cuppa. Other services offered include one-to-one counselling, complementary therapies including aromatherapy, massage and reflexology; and gentle yoga. Refreshments are available. To find out more email info@cancersupportsalisbury.com or 07926 841698.

The Quaker Meeting House, 51 Wilton Road, Salisbury SP2 7EP

9.30 -11.30am Wednesdays & 2 - 5pm Thursdays

St Osmund's Parish Centre 95 Exeter Street, Salisbury SP1 2SF (Next to St Osmund's Church)

7 - 9pm 3rd Monday of the month



DIGS Drop-In Sessions

33 42

Support for anything that impacts on a disabled person's life; advice, signposting, help with form-filling etc etc.

Spitfire Café, Warner House, 123 Castle Street, Salisbury SP1 3TB

10am - 12 noon on Wednesdays from 16 September

Sarum & Longhedge Community Centre, 21 Pheasant Drive, Old Sarum, Salisbury SP4 6GH

9.30 - 12 noon on the last Wednesday of the month

Coffee & Chat with Harnham Community Network

5

Informal drop-in session, open to all, drinks and biscuits, no charge but donations welcome. Full accessibility to the venue and toilets depends on whether the Main Hall is in use by another group or not, please get in touch if you need to check this. Information from harnhamcommunity@gmail.com or 07962 213494.

Harnham Parish Hall, Field View Room, Lower Street, Salisbury SP2 8EY

10am - 12 noon Wednesdays and Saturdays

X Shows location on map on page 42 and 43

Social & Wellbeing

Drop in Café & IT Support at Winterbourne Glebe Hall 8

Drop in Café is open to all ages. Drinks, homemade cakes and lots of chat. A volunteer will help with IT or mobile phone problems. Free but donations to Glebe Hall welcome. No need to book but information from Maureen 01980 611311 or maureenatkinson16@gmail.com.

Winterbourne Glebe Hall, Vicarage Lane, Winterbourne Earls SP4 6HA

2 - 4.30pm Fortnightly on Wednesdays

Salisbury Mental Health Carer Café 39

Run by Carers Together Wiltshire in partnership with Avon and Wiltshire Mental Health Partnership (AWP) this mental health cafe is for unpaid Carers who are looking after someone with a mental health condition. Take a chance to chat, relax and catch-up with other Carers - it's all about connecting and looking after your well-being! Please call 01380 710300 or email to find out more enquiries@carerstogetherwiltshire.org.uk. https://carerstogetherwiltshire.org.uk/events/.

The White Hart Hotel, St John's Street, Salisbury SP1 2SD

10am - 12 noon 4th Wednesday of the month



POWOW Group for Partners, Widows & Widowers 43

An informal, social get together over a hot drink and cake for anyone who has lost their wife, husband or partner. There is no charge for refreshments, although a small donation towards the church is very welcome. Please do come along to meet other people who might be feeling the same as you. No need to book but for more information contact three.chequers@nhs.net or 01722 336441.

St Thomas's Church, St Thomas's Square, St Thomas Square, Salisbury SP1 1BA

10am - 12 noon 1st Thursday of the month

X Shows location on map on page 42 and 43

Social & Wellbeing

Salisbury United Reform Church's Lunch Club 21

Two course cooked lunch with tea or coffee, for single, over 55s. £5 to eat in, £3 to take away. Before you visit for the first time, please call Fran on 01722 326373 or email brianmoody197@gmail.com. Lunch 12.30 - 1.30pm.

Salisbury United Reformed Church, 30 Fisherton Street, Salisbury SP2 7RG

12.30 - 1.30pm (doors 11.45am) 1st three Wednesdays of the month

Salisbury Men's Shed's Meet, Make, Mend 44

Practical woodworking and social activities. No specific practical skills needed. No need to book but further information from 07746 013204 or salisburymensshed@gmail.com. Come and try a couple of sessions to see if you'd like to join. Members come to one or other of the two weekly sessions.

Back of Alabare, Riverside House, 2 Watt Road, Churchfields, Salisbury SP2 7UD

9am - 12 noon Wednesday & Thursdays



High Tea at Three at Laverstock Care Centre 45

We warmly invite the local community to enjoy complimentary tea, coffee and delicious, freshly baked sweet treats with us. For more information and to reserve your place, please contact Emma, Customer Relationship Manager, on 01722 428 210. The Centre is opposite the petrol station on London Road. The PR7 runs every half hour, stopping at the Park and Ride site nearby.

Laverstock Care Centre, London Road, Salisbury SP1 3HP

3 - 4pm 1st Wednesday of the month

X Shows location on map on page 42 and 43

Social & Wellbeing

DROP IN CAFÉ AT IDMISTON MEMORIAL HALL

18



Everyone welcome for tea, chat & home-made cake
2 - 4pm on the 3rd Wednesday of the month

More info from Katherine 07870 187941

Idmiston Memorial Hall, Idmiston Road, Porton, Salisbury SP4 0LB

Veterans' Breakfast Club

46

Sponsored by Platinum Skies powered by First Port. Enjoy a free tea or coffee whilst enjoying fellow veterans' company and conversation. Breakfast can be bought from The Bistro, card payments only. No need to book but call 07423 108766 or contact ashleigh.ward@firstport.co.uk for information. Please note there is limited to no parking for visitors.

Chapters Bistro, Constable Court, Off Fountain Way, Salisbury SP2 7FT

9 - 10am 3rd Wednesday of the month

Wiltshire Sight's Social Group

1

Friendly drop-in social group for anyone living with sight loss and their friends and family. Come and enjoy a hot drink whilst meeting others living with sight loss. No need to book but call Lucy on 01380 723682 or info@wiltshiresight.org for more information.

1st Floor Salisbury Library (lift available), Market Walk, Salisbury SP1 1BL

10.30am - 12.30pm 3rd Wednesday of the month

Merry Memories

10

home instead

Home Instead Salisbury's place for the over 60s to come and talk to new people, relax and socialise. Hot and cold drinks available. No charge but donations to the Stars Appeal are welcome. For more details contact Liz on 01722 443559.

Bemerton Heath Community Centre, 58-60 Pinewood Way, Salisbury SP2 9HU

2 - 4pm Thursdays

X Shows location on map on page 42 and 43

ArtCare's History Coffee Club

13

Drop in for coffee and relaxed discussion whilst exploring our archives and history collections. We look at a different topic each month. Open to all and free of charge. No previous experience necessary. Please book on eventbrite.co.uk/o/artcare-28126838233 or 01722 336262 ext 5617. Disabled parking nearby, free for blue badge holders. We are 200 yards from The Green Bus Stop. The R1 bus runs every 15 minutes from Salisbury City Centre.

Culture Club, The Green, Salisbury District Hospital, Odstock Rd, Salisbury SP2 8BJ

Email sft.artcare@nhs.net or call to find out the latest dates or book via Eventbrite - ArtCare UK

The Onward Club

47

Coffee & cake for the disabled community and their support network. Come along and play a game, chat to others etc. Just pop-in. Cost £5. More information from 07425 450562 or info@disabilityinterestgroup.com.

Stratford Club House, 3 Chatham Close, Salisbury SP1 3JR

10am - 12 noon Fortnightly on Thursdays including 3 Sept

Live & Breathe Group

10

A support group for those with respiratory conditions, including long covid. Monthly meetings with guest speakers and time to share your stories in a safe and caring space. Run by Rose Maylin the Parish Nurse 07387 899987 or parishnurse@gracechurchuk.org.

Bemerton Heath Centre Pinewood Way, Salisbury SP2 9HU

3 - 4.30pm 2nd Thursday of the month

Beyond Dementia & Carers Together Wilts Group

1

A group for unpaid Carers of people living with dementia. Please call 01225 776481 or email to find out more: office@beyonddementia.org.uk. https://beyonddementia.org.uk/services/caring-for-someone/support-groups-for-carers.

The Young Gallery, Salisbury Library, Market Walk, Salisbury SP1 1BL

2.30 - 4pm last Thursday of the month

X Shows location on map on page 42 and 43

Social & Wellbeing

St Francis Community Café

48

Come along to a warm space with friendship, tea or coffee with free refills for a £1 and cake for £1. Further information from 07973 211087.

Beatrice Rooms, St Francis Church, Castle Road, Salisbury SP1 3PN

9.30 - 11.30am on Fridays

Bourne Valley Club Friday

40

A social club with a hot lunch, activities and entertainment for £14. We may be able to provide transport, please get in touch to see if we can help. Contact Nikki on bournevalleyclubf@gmail.com or 07789 318759 to find out more.

Idmiston Memorial Hall, Idmiston Road, Porton, Salisbury SP4 0LB

10am - 2.30pm Fridays

Board Games at the Library

1

Come and join our free board games club - Scrabble, Snakes and Ladders, Ludo. Tea and coffee available. No need to book but more information from 01722 324145 or libraryenquiries@wiltshire.gov.uk.

Salisbury Library, Market Walk, Salisbury SP1 1BL

2.15 - 3.30pm Fridays



FREE Fish and Chip Fridays

38

Older members of the local community are invited to join us for a delicious complimentary fish and chip lunch at Laverstock Care Home. It's the perfect chance to relax, chat with new friends and experience the friendly atmosphere of our home. Spaces are limited and by appointment only, so please book in with Emma, on 01722 428210 or email Reception.Laverstock@CaringHomes.org

Laverstock Care Centre, London Road, Salisbury SP1 3HP

12.15pm Fridays

X Shows location on map on page 42 and 43

Probus Club of Sarum

49

A club for retired and semi-retired professional and businessmen to meet socially and enjoy interesting speakers and activities. You're welcome to try two free introductory meetings, then membership is £25 bi-annually. No need to book but 01722 335534 or mcleanp512@gmail.com for information.

Sarum College, 19 The Close, Salisbury SP1 2EE

10:30am 2nd Friday of the month

Silver Salisbury's Coffee & Chat at the Library

1

We meet for coffee and conversation, sometimes with a guest speaker. No charge and no need to book but donations towards refreshments appreciated. Further information from 01722 323812.

Upstairs in Salisbury Library (lift available), Market Place, Salisbury SP1 1BL

11 am - 12.30pm 2nd Friday of the month

Community Tea in Harnham

6

A Community Tea, particularly for those who are living alone. There is always a delicious tea, good company, and usually some form of entertainment. There is no charge, but donations are welcome. If you have any special dietary requirements or need transport, please contact Katharine on 01722 510200.

Harnham Parish Hall, Lower Street, Salisbury SP2 8EY

3 - 5pm every 2 - 3 months including Sunday 20 September & Sunday 22 November

Disability Interest Group Salisbury (DIGS) Meeting

11

DIGS is working to bring positive change for people with disabilities. The group is made up of a diverse range of people with lived experience of disability or chronic illness, are neurodiverse or have caring responsibilities. They are keen to welcome more members. Come along to a meeting or call 07425 450562 or info@disabilityinterestgroup.com.

Bemerton Heath Centre, Pinewood Way, Salisbury SP2 9HU

6.30pm Wednesday 24 September & Wednesday 26 November

X Shows location on map on page 42 and 43

Salisbury Event Locations Autumn 26 - Summer 27

Social & Wellbeing

Beyond Dementia's Support Hub

48

Scots House is a dementia day club and information centre. Members can enjoy companionship and activities supported by specialist staff. Advice and information available. Call 01722 442050 to find out more and arrange a visit.
Scots House, 15 Scots Lane, Salisbury SP1 3TR
9am - 4pm Tuesday - Thursday

Amicus Friendship Group

A friendship group for single people aged 50 plus that want to get out, meet new people and make new friends. Members organise activities for other members. This might be theatre and cinema trips, country walks, pub nights, meals out, visits to attractions or even holiday breaks. Membership is currently £24 a year. More information on www.amicusfriendshipgroup.co.uk, 07503 006284 or amicusfriendshipgroup@gmail.com.



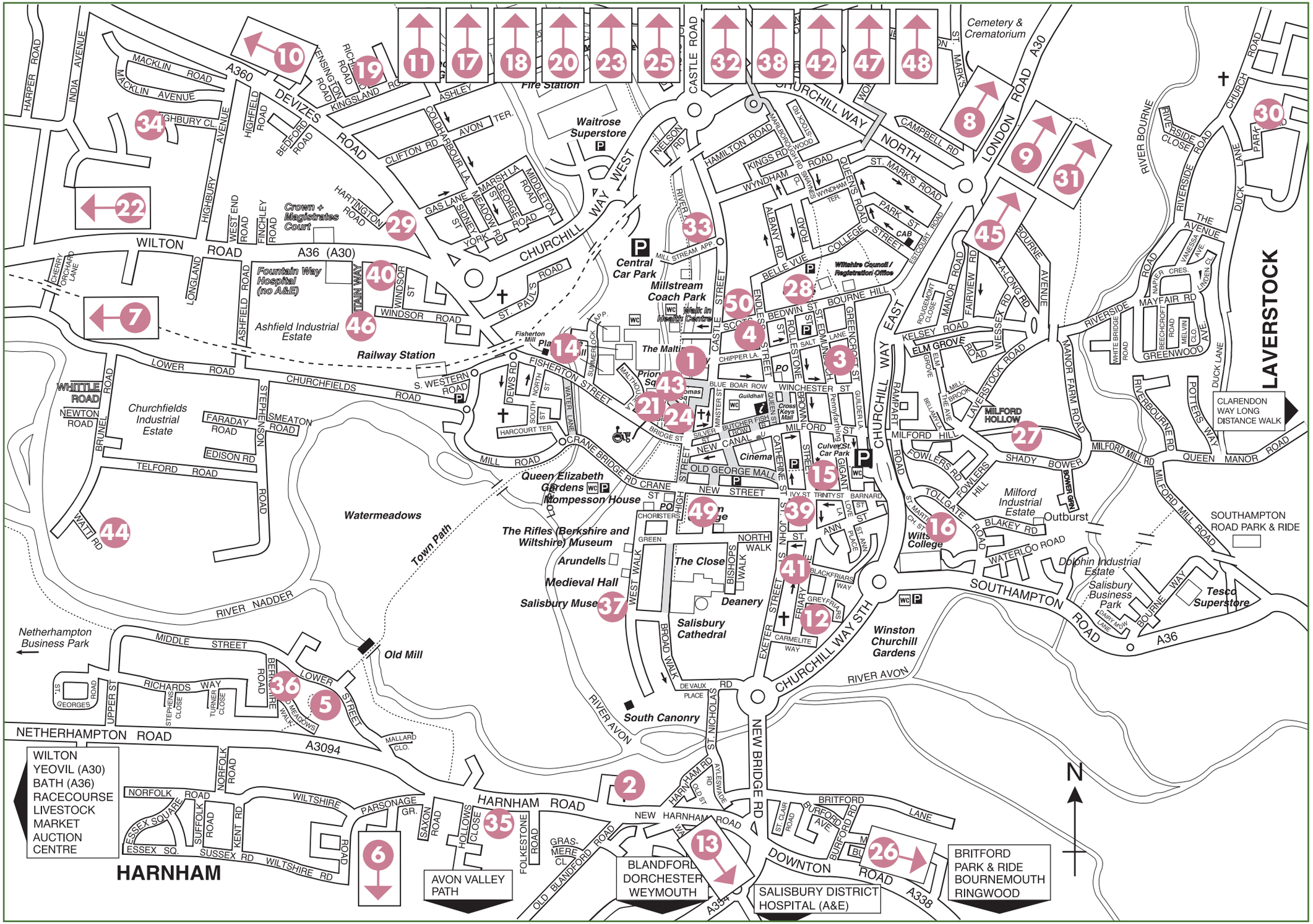
RNLI Salisbury & Wilton Fundraising Branch

Our volunteers help with fund-raising in the South Wilts area, including collections at supermarkets, garden centres, country shows and our major events in the Guildhall and Salisbury Market Square in the spring and autumn. If you would like to join our happy Collection Crew by giving a few hours of your time every now and then, please contact us at rnlisalisburywilton@gmail.com or 07770 608920. Details of our events can be found on our Facebook page, https://www.facebook.com/profile.php?id=100092611844965.

1. Salisbury Library SP1 1BL
2. Harnham Memorial Hall SP2 8JH
3. Salisbury Methodist Church SP1 1EF
4. Everyman Cinema SP1 1DP
5. Harnham Parish Hall SP2 8EY
6. Harnham Community Club SP2 8LA
7. St John's Place SP2 9NW
8. Winterbourne Glebe Hall SP4 6HA
9. Hazel Hill Wood SP5 1AU
10. Bemerton Heath Centre SP2 9HU
11. Five Rivers Leisure Centre SP1 3NR
12. Friary Community Centre SP1 2HW
13. Salisbury District Hospital SP2 8BJ
14. Salisbury Playhouse SP2 7RA
15. Salisbury Baptist Church SP1 2AS
16. St Martin's Centre SP1 2HY
17. Salisbury Rugby Club SP1 3SA
18. Idmiston Memorial Hall SP4 0LB
19. Riverside Tennis Club SP2 7DG
20. Old Sarum Centre SP4 6GH
21. United Reformed Church SP2 7RG
22. South Wilts Sports Club SP2 9NY
23. Victoria Park SP1 3NE
24. Salisbury Shopmobility SP2 7TL
25. 23rd Scouts Hall SP1 3JR
26. The Radnor Hall SP5 4EQ
27. St Martin's School SP1 2RG
28. Salisbury Arts Centre SP1 3UT
29. Conservative WMC SP2 7AA
30. Laverstock Hall SP1 1RQ
31. Barrington Centre SP1 3JD
32. Studio Theatre SP2 7TN
33. Spitfire Kitchen SP1 3TB
34. Christie Miller Road SP2 7EN
35. Brympton House SP2 8PG
36. St George's Hall SP2 8EY
37. Salisbury Museum SP1 2EN
38. Old Sarum Care Home SP4 6SA
39. The White Hart Hotel SP1 2SD
40. Quaker Meeting House SP2 7EP
41. St Osmunds Centre SP1 2SF
42. Sarum Centre SP4 6GH
43. St Thomas's Church SP1 1BA
44. Riverside House SP2 7UD
45. Laverstock Care Centre SP1 3HP
46. Chapters Bistro SP2 7FT
47. Stratford Club House SP1 3JR
48. St Francis Church SP1 3PN
49. Sarum College SP1 2EE
50. Scots House SP1 3TR



X Shows location on map on page 42 and 43


WILTON
YEOVIL (A30)
BATH (A36)
RACECOURSE
LIVESTOCK
MARKET
AUCTION
CENTRE
HARNHAM
AVON VALLEY PATH
BLANDFORD
DORCHESTER
WEYMOUTH
SALISBURY DISTRICT HOSPITAL (A&E)
BRITFORD
PARK & ROUTE
BOURNEMOUTH
RINGWOOD
CLARENDON WAY LONG DISTANCE WALK
LAVERSTOCK
SOUTHAMPTON ROAD PARK & RIDE
Central Car Park
Millstream Coach Park
Waitrose Superstore
Fire Station
Railway Station
Fountain Way Hospital (no A&E)
Ashfield Industrial Estate
Churchfields Industrial Estate
Watermeadows
Town Path
Queen Elizabeth Gardens
Mompesson House
The Rifles (Berkshire and Wiltshire) Museum
Arundells
Medieval Hall
Salisbury Museum
The Close
Deanery
Salisbury Cathedral
Old Mill
South Canonry
Winston Churchill Gardens
Milford Hollow
Milford Industrial Estate
Outburst
Dolphin Industrial Estate
Salisbury Business Park
Tesco Superstore
Netherhampton Business Park
Crown + Magistrates Court
Wiltshire Council / Registration Office
Cemetery & Crematorium
The Malthouse
Guildhall
Cross Keys Mall
Culver St Car Park
Cinema
Walk in Health Centre
Prior Sq
Fisherton Mill
RIVER AVON
RIVER NADDER
RIVER BOURNE
CASTLE ROAD
CHURCHILL WAY NORTH
CHURCHILL WAY EAST
CHURCHILL WAY WEST
CHURCHILL WAY STH
LONDON ROAD A30
WILTON ROAD A36 (A30)
NETHERHAMPTON ROAD A3094
SOUTHAMPTON ROAD A36
DOWNTON ROAD A338
OLD BLANDFORD ROAD A354
HARNHAM ROAD
NEW HARNHAM ROAD
NEW BRIDGE RD
MILL ROAD
CRANE BRIDGE RD
CASTLE STREET
FISHERTON STREET
MILFORD HILL
MILFORD MILL RD
SHADY BOWER
QUEEN MANOR ROAD
OLD GEORGE MALL
NEW STREET
BLUE BOAR ROW
WINCHESTER ST
BRIDGE ST
MILL STREAM APP.
SOUTH WALK
WEST WALK
NORTH WALK
BISHOPS WALK
BROAD WALK
DE VAUX PLACE
CHORISTERS GREEN
CARMELITE WAY
BLACKFRIARS WAY
GREYFRIARS
EXETER STREET
ST JOHN'S ST
ST ANN PLACE
ST ANN'S GATE
ST MARK'S ROAD
ST MARK'S CH. ST
TOLLGATE ROAD
WATERLOO ROAD
BLAKEY RD
FOWLERS HILL
FOWLERS RD
RAMPART ROAD
ELM GROVE
KELSEY ROAD
WESSEX RD
FAIRVIEW RD
MANOR ROAD
MANOR FARM ROAD
BOURNE AVENUE
BOURNE HILL
ROUSEMONT CLOSE
LAVERSTOCK ROAD
RIVERSIDE ROAD
RIVERSIDE CLOSE
RIVERBOURNE RD
POTTERS WAY
DUCK LANE
THE AVENUE
MAYFAIR RD
GREENWOOD AVE
BEECHCROFT ROAD
NAPIER CRES.
VANESSA AVE
LINDEN CL
MELVIN CLO
WHITE BRIDGE ROAD
PARK ROAD
CHURCH ROAD
WHITTLE ROAD
NEWTON ROAD
BRUNEL ROAD
STEPHENSON ROAD
FARADAY ROAD
SMEATON ROAD
EDISON RD
TELFORD ROAD
WATT RD
LOWER ROAD
CHURCHFIELDS ROAD
S. WESTERN ROAD
HARPER ROAD
INDIA AVENUE
MACKLIN ROAD
MACKLIN AVENUE
HIGHBURY CL.
HIGHBURY AVENUE
HIGHFIELD ROAD
BEDFORD ROAD
KENSINGTON ROAD
RICHMOND ROAD
KINGSLAND ROAD
ASHLEY
CLIFTON RD
AVON TER.
GOLDHARBOUR LA
MARSH LA
GAS LANE
SIDNEY ST
MEADOW ST
YORK RD
ST GEORGE'S ROAD
MIDDLETON ROAD
HARTINGTON ROAD
WEST END ROAD
FINCHLEY ROAD
CHERRY ORCHARD LANE
LONGLAND
ASHFIELD ROAD
TWIN WAY
WINDSOR ST
WINDSOR ROAD
ST PAUL'S ROAD
NELSON RD
HAMILTON ROAD
MARLBOROUGH RD
STOCKTON RD
KINGS RD
WYNDHAM ROAD
WYNDHAM PL
WYNDHAM TER.
QUEENS ROAD
ST. MARK'S ROAD
PARK ST
CAB ESTCOURT ROAD
ALBANY RD
BELLE VUE
COLLEGE STREET
ENDLESS ST
BEDWIN ST
ST EDMUND'S CHURCH LANE
GREENCROFT ST
ROLLESTONE ST
SALT LANE
CHIPPER LA
PO
SUMMERLOCK APP.
MALTHOUSE LA
DEWS RD
HARCOURT TER.
SOUTH ST
NORTH ST
WATER LANE
QUEEN ST
WINNIPEG ST
BUTCHER FISH ROW
SILVER ST
CATHERINE ST
GIGANT ST
IVY ST
TRINITY ST
BARNARD ST
ANN ST
COVE ST
HIGH ST
BROWN ST
PENNYFARTHING ST
GUILDER LA
MILLBROOK THE AVE
BELLAMY LA
BOWER GRV
ST. JOHN'S ST
ST. CLAIR ROAD
BURFORD AVE
BURFORD RD
BRITFORD LANE
HARNHAM RD
OLD ST
AVENUE RD
WARWICK RD
GRASMERE CL
FOLKESTONE ROAD
HOLLOWS CLOSE
SAXON ROAD
PARSONAGE GR.
WILTSHIRE
NORFOLK ROAD
SUFFOLK ROAD
KENT RD
SUSSEX RD
ESSEX SQUARE
ESSEX SQ.
WILTSHIRE RD
MIDDLE STREET
LOWER STREET
BERWYN SQUARE
ST GEORGES ROAD
UPPER ST
RICHARDS WAY
STEPHENS CLOSE
TURNER CLOSE
MEADOWS WALK
MALLARD CLO.
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Films, Talks & Tea Parties

Amesbury Evening Women's Institute

1

Meetings with speakers on different topics, social events and activities. Visitors are welcome in return for a donation to help cover the cost of refreshments and speakers. Contact amesburypres@wiltshirewi.org.uk or 07810 758174 for more information about this group. The WI is a national organisation with many other local groups so if the day and time don't suit, then please check the national website, www.thewi.org.uk for others.

Antrobus House, 39 Salisbury Road, Amesbury SP4 7H

7:30 - 9.30pm 2nd Thursday of the month

The Amesbury Society

1

The Society works to stimulate interest in the town and its environment. There are public meetings and lectures during the autumn/winter and spring/summer months and other activities in the summer. Membership is £7 (£5 for over 65s) which gives free access to all talks. Non-members are welcome for £3. More information from the website, 01980 623846 or angelarroadnightbayliss@msn.com.

This Autumn there are three talks.

7.30pm Monday 14 September - David Waters from the Great Bustard Group
2.30 pm Monday 26 October - Commonwealth War Graves Commission
2.30pm Monday 23 November - AGM, followed by Julie Davis of Wilthsire & Swindon's History Centre on Wiltshire Folklore

Refreshments available 30 minutes before the talks. Ample parking to the rear of Antrobus House.

Antrobus House, 39 Salisbury Road, Amesbury SP4 7H



Getting Creative

Amesbury Men's Shed

2

A workshop for members to meet, chat and create. The Amesbury Men's Shed is not just a workshop for the community but a social place where members can meet and chat. You can work on your own items or get involved with our community projects. Good disabled access, plus regular transport links by Hoppa Bus. Membership is £60 per year. Contact Alan Smith 07887 750213 or treasurer@amesburymensshed.org.uk for more information.

Amesbury Men's Shed, Centenary Park, Archers Way, Amesbury SP4 7WQ

10am - 3pm Monday, Wednesday & Saturday

The Community Craft & Cosy Group

2

A place for people to meet, enjoy crafting and other pastimes or just stop in for a chat over a cup of coffee. Drop in for a few minutes or stay all day. Everyone's welcome. There's no need to book but if you want to know more contact Cathy on 07969 679015 or thecommunitycraftandcosyclub@gmail.com. There is parking on site or why not take the Hoppa to Centenary Park. We also have a Facebook page for the latest news so do follow us if you can.

The Pavilion, Centenary Park, Archers Way, Amesbury SP4 7WQ

10am - 3pm Mondays & Thursdays

Durrington Crafty Chatters

3

All crafters are welcome for an evening of craft & chat. Members are knitting, cross stitching and crocheting but we love to see other things. £4 including refreshments. No need to book. More information from 01980 653750 or ayjaycee@comlayclan.net.

The Old School Hall, College Road, Durrington SP4 8AW

7 - 9pm Tuesdays term time only

Crafternoon at Amesbury Library

4

A get together for people who can knit and crochet.

Amesbury Library, 1 Smithfield Street, Amesbury SP4 7AL

2 - 3.30pm Thursday

Keeping Active

Get Wiltshire Walking

4 5

We aim to ensure every community in the county has access to a FREE weekly walk led by qualified walk leaders. We vary the routes each week and make sure that the slowest walkers are looked after. Friendly and fun, it's a great way to get fit, meet new people and get to know your local area. Sorry no dogs, other than assistance dogs, allowed. No need to book, for more information contact 07342 066608 or GetWiltshireWalking@wiltshire.gov.uk.

Amesbury Library, Smithfield Street, Amesbury SP4 7AL

10 - 11.30am Tuesdays

Durrington Swimming Pool and Fitness Centre, Recreation Road SP4 8HH

11am - 12.30pm Tuesdays and 9.30 - 11am Fridays



Tai Chi and Qigong

1

Gentle low impact exercise aimed at relaxation. The movements can help improve flexibility, balance and co-ordination. First session free then £6 for 1hr or £3 for 30 mins. Pay as you go. No need to book but more information from 07756 407370 or jillsc21@gmail.com.

Antrobus House, 39 Salisbury Road, Amesbury SP4 7H

10.30 - 11.30am Wednesdays

Stonehenge Strollers Walking Football

6

Established in 2023 to promote physical and mental health where fun and friendship are paramount. We are a men's over 50's walking football club based at Amesbury Leisure Centre. £5 per session with first taster session free. If you feel walking football is for you come along or contact Chris at stonehengestrollers@gmail.com, 07780 604801 or Roger at rbatchelor1307@btinternet.com, 07768 736527.

Amesbury Leisure Centre, Holders Road, Amesbury SP4 7PW

7 - 8 pm Wednesdays

X Shows location on map on page 53

Age UK's Fitness & Friendship Club

7

Join us to have fun with others socialize and do some gentle seated exercises that can help strengthen and support you with everyday tasks. Enjoy chats over tea or coffee, games and relaxing Tai Chi. £6 per session, your first session is free! No need to book but more information from fitnessandfriendship@ageukwiltshire.org.uk or 07754 612569.

The Bowman Centre, Shears Drive, Amesbury SP4 7XT

2 - 4pm fortnightly on Wednesdays including 14th and 28h October

Walking Rugby

2

Walking Rugby is designed for adults who want to stay active, socialise and enjoy rugby without the knocks. No experience is needed and there's no running, scrums or full-contact-tackles, just touches. We play all year round with indoor sessions on Thursdays from October to February and enjoy post-game coffee and cake on Saturdays. Your first two sessions are free, then there is a yearly membership fee. Please let us know you're coming by calling 07538 609679 or emailing amesburyrfc.walkingrugby@gmail.com.

Centennial Close, Archers Way, Amesbury SP4 7WQ

6 - 7pm Thursdays & 10am - 12 noon Saturdays



X Shows location on map on page 53

Music, Singing & Dance

Amesbury Line Dancers

8

Line dancing is a fun way to keep active. It improves well-being, co-ordination and confidence and doesn't need a partner. £5 a session. To book a place or find out more call 07429 878654 or email jhunt1071@googlemail.com.

Amesbury Methodist Church, High Street, Amesbury SP4 7ET

11.05am - 12.20pm Tuesdays - Experienced class
5.15 - 6.25pm Wednesdays - Absolute beginners
6.30 - 7.50pm Wednesdays - High beginners
11.05am - 12.20pm Thursdays - High beginners

The Rose Singing Club

8

We're not a choir; we just have a great time singing with chat, laughter, tea and biscuits. Don't worry if you 'can't sing', everyone's welcome. Social singing is a great way to feel good and meet new people. £3 a week with free parking behind the church. No need to book but for more information contact Trudi at traney61@outlook.com or lindadale209@gmail.com or call 07923 468411.

Amesbury Methodist Church, High Street, Amesbury SP4 7ET

2 - 4pm Tuesdays, some breaks for school holidays

Amesbury Community Soul Singers Choir

2

A non-auditioned mixed choir open to singers of all backgrounds and abilities age 10 plus. Free trial then £8 a session. No need to book but amesburycommunitysoulsingers@gmail.com or 07800 519913 for information.

Evergreen Café, Archers Way, Amesbury SP4 7YT XX

7 - 9pm Tuesdays

Durrington Line Dancers

9

A social evening with a friendly group, learning line dance steps to a wide variety of music. All abilities welcome. First session free, then £6 a session. Please book on 07789 250903 or julesdymond@aol.com.

Durrington Working Men's Club, Windsor Road, Durrington SP4 8HG

6 - 8pm Thursdays

Social & Wellbeing

Amesbury Memory Café

8

Run by Beyond Dementia in partnership with Carers Together Wiltshire this group provides an opportunity to connect with others who are going through similar experiences. Professionals are on hand to discuss support available from Carers Together Wiltshire. Beyond Dementia's standard fee is £5, but they offer a 'Pay What You Can' option to ensure everyone can take part. People are on hand to discuss support available from Carers Together Wiltshire. Please call 01225 776481 or email to find out more: office@beyonddementia.org.uk.
https://beyonddementia.org.uk/community-groups/amesbury-memory-cafe

Methodist Hall, 13 High Street, Amesbury SP4 7ET

2 - 3pm Tuesdays

Scrabble Social at Amesbury Library

4

Fancy a game of scrabble? Or a coffee and a chat? Everyone's welcome to come and join us. No charge and no need to book but if you want to check anything contact amesburylibrary@wiltshire.gov.uk or 01980 623491.

Amesbury Library, Smithfield Street, Amesbury SP4 7AL

2 - 3pm Tuesdays



Afternoon Tea and Chat at Antrobus House

1

We're a friendly bunch, so if you're looking for good company, laughter and companionship come and join us for tea/coffee and a chat. Bring along knitting, needlework, board games or just yourself! We meet most 1st, 2nd and 3rd Tuesdays of the month but please check our website for confirmed dates or call 01980 622435. Free of charge.

Antrobus House, 39 Salisbury Road, Amesbury SP4 7HH

2 - 4pm Most 1st, 2nd & 3rd Tuesdays of the month but please check

Social & Wellbeing

AFBC Brew and Banter

10

Meet up for a chat and talk about the old days, make friends or maybe meet someone who served in the RAF, Army or Navy or Squadron or Regiment. This regular group is run by Salisbury & Amesbury Armed Forces and Veterans Breakfast Club. Cakes and beverages are provided by the members in return for a donation. No need to book but call 07513 192110 for more information.

The Nicolson Centre, 357 Stockport Road, Amesbury SP4 0JE

10.15am - 12.15pm Wednesdays

Community Coffee Morning

11

Come along for a chat over tea, coffee, cake and biscuits. No charge but donations welcome. No need to book but further information from ftpbar2@gmail.com or call 01980 625255.

Amesbury Baptist Centre, Butterfield Drive, Amesbury SP4 7SN

10am - 12 noon on the 3rd Wednesday of the month



Carers Together Wiltshire's Amesbury Carer Café

2

A chance for unpaid Carers to chat, relax and catch-up. Free drink and a cake for all unpaid Carers. No need to book, just turn up on the day. Please call 01380 710300 or email to find out more: enquiries@carerstogetherwiltshire.org.uk. https://carerstogetherwiltshire.org.uk/events/

Evergreen Café, Archers Way, Amesbury SP4 7YT

10:30am - 12 noon 1st Wednesday of the month

X Shows location on map on page 53

Salisbury & District Model Engineering Society

12

A social and creative club for those interested in making working models of anything, not just steam-trains and traction engines. Members enjoy nattering about current projects over tea and biscuits, listening to guest speakers talking about subjects of engineering or historical interest, social events and trips. No need to book just come and visit. £3.50 a session or become a member for £35 a year. For more information see www.salisbury-model-engineering-society.co.uk or call 01722 320845.

Idmiston Parish Memorial Hall (next to Porton Aquatics, Pet & Garden Centre), Idmiston Road, Porton SP4 0LB

7.30 - 10.30pm 3rd Wednesday of the month

Beyond Dementia - South Wiltshire Carer's Group

13

A group to support unpaid carers of people living with dementia. Free and no need to book but call 01380 739055 or email office@beyonddementia.org.uk to find out more. New members are very welcome.

The George Hotel, 19 High Street, Amesbury SP4 7ET

2 - 3.30pm on the last Wednesday of the month



X Shows location on map on page 53

Social & Wellbeing

Wiltshire Sight's Amesbury Social Group

4

A friendly social group for anyone living with sight loss and their friends and family. Come and enjoy a hot drink whilst meeting others living with sight loss. One to one appointments with your local sight loss advisor also available for specific advice including help with resources, magnification and support with technology. For more information call 01380 723682 or info@wiltshiresight.org.

Amesbury Library, Smithfield Street, Amesbury SP4 7AL

10.30am - 12.30pm 2nd Thursday of the month

Coffee Morning at Amesbury Methodist Church

8

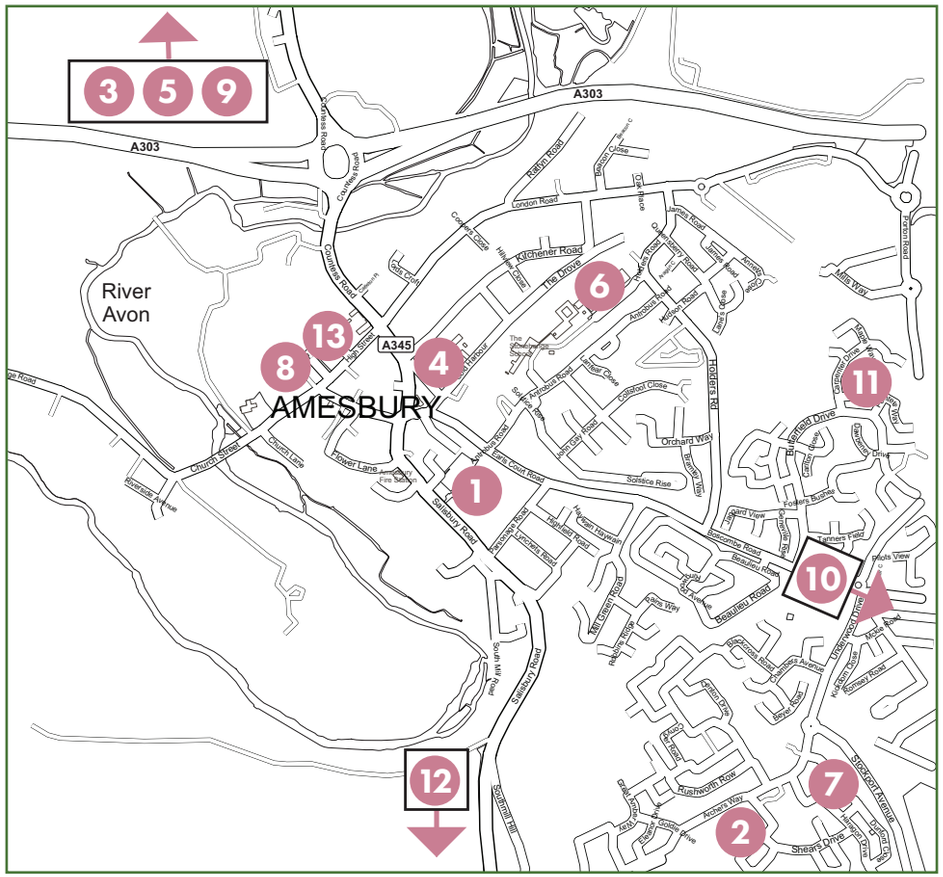
Everyone's welcome for a friendly coffee morning. Teas, coffees, homemade cakes and savouries for just 50p an item. Parking at the rear of the church. Pop in and see us. No need to book but 07938 711049 for more information.

Amesbury Methodist Church, High Street, Amesbury SP4 7ET

10 - 11.30am Saturdays



X Shows location on map on page 53



1. Antrobus House SP4 7HH
2. Centenary Park SP4 7WQ
3. The Old School Hall SP4 8AW
4. Amesbury Library SP4 7AL
5. Durrington Fitness Centre SP4 8HH
6. Amesbury Leisure Centre SP4 7PW
7. The Bowman Centre SPA 7XT
8. Amesbury Methodist Church SP4 7ET
9. Durrington WM Club SP4 8HG
10. The Nicolson Centre SP4 0JE
11. Amesbury Baptist Centre SP4 7SN
12. Idmiston Parish Hall SP4 0LB
13. The George Hotel SP4 7ETU

Getting Creative

Knit and Natter at Annie's Wool Shop

1

We do what it says in the title. You're very welcome to come and join us at this free session. If you need to know more, contact anne217summers@btinternet.com or call 07919 522791.

Annie's Wool Shop, 49 North Street, Wilton SP2 0HE

6 - 8pm Thursdays & 1 - 4pm Saturdays

Oasis Cafe & Friendly Crafts

2

Come and join us for tea, coffee, biscuits and a chat with friends. Feel free to bring your current project and join us with your knitting, crochet, sewing, card making or whatever your favourite craft is. Share ideas and skills with others. More information from www.wiltonbaptist.org.uk, rachel@wiltonbaptist.org.uk or 07767 330863.

Wilton Baptist Church, Market Place, Wilton SP2 0HT

9.30 - 11.45am Thursdays



Music, Singing & Dance

The Salisbury Breathless Singers

3

SOUNDS BETTER
music for wellbeing

We work with people with lung conditions, chronic breathlessness and long covid to support self-management of breathlessness through group singing, breathing exercises, gentle movement and relaxation. Places must be booked. Contact sing.breathe@soundsbettercic.org or ring 07356 047745. For more information see www.soundsbettercic.org.

Castle Meadow Pavilion, Castle Lane Wilton SP2 0H

2.15 - 3.15pm Tuesdays in term time

X Shows location on map on page 59

Music, Singing & Dance

Wilton Voices

4

All voices are welcome and there are no auditions at this friendly choir. We sing an eclectic mix of songs from across the decades for fun and wellbeing. £5 a session (including tea and biscuits). Contact 07540 334356 or Lizzieflynn53@gmail.com.

WMSET Hall, West Street, Wilton SP2 0DL

2 - 3.15pm on Thursdays from 8 October (check for later term dates)

Social & Wellbeing

The Wilton Men's Shed

5

Wilton Men's Shed is for anyone over 18 who enjoys practical interests, making and mending in our well-equipped workshop - or just call in for tea and conversation. It's a great place to meet people and develop friendships by working together on projects, with plenty of fun and laughter in the process. To find out more see wiltonmensshed.org, call 01722 742667 or come and see us during our usual opening hours.

Wilton Men's Shed, Castle Lane, Wilton SP2 0HG

9.30am - 12.30pm Mondays, Thursdays and Saturdays



X Shows location on map on page 59

Social & Wellbeing

Open Door at Fovant Village Hall

6

Teas, coffee and biscuits and the opportunity to play games, work on craft projects or just chat. Everyone welcome. £1. If you need any more information contact Cheryl on 01722 714594 or email marilynann2011@gmail.com.

Fovant Village Hall, Tisbury Road, Fovant SP3 5JT

10am - 2pm Tuesdays

The Forum Stroke Club

7

We enjoy conversation, games, quizzes, gentle exercise, music and each other's company. New members very welcome. Just £2 a session. If you would like to find out more about the club, please contact 01722 349786 or email sarahjkirkpatrick51@gmail.com.

Wilton Community Centre West Street, Wilton SP2 0DG

10.30am - 12.30pm Tuesdays from 8 September



THE COSY CUPPA

All welcome. 10am - 12 noon on Tuesdays

The Pavilion, Dinton Rec, St Mary's Road, Dinton SP3 5HH

8

Wilton Place's Coffee & Conversation

9

Come and join us for companionship and conversation. Meet our residents and staff over complementary home-made cake, tea and coffee. No need to book just come along.

Wilton Place Care Home, Buckeridge Road, Wilton SP2 0FX

2 - 4pm 1st Tuesday of the month

X Shows location on map on page 59

Six Penny Handley & Chalke Valley Practice's Memory Group

9

A supportive, caring space for anyone living with memory issues, including dementia and those supporting their loved ones. Coffee, chat and a friendly welcome. For more information or advice call 07990 105697.

Wilton Place Care Home, Buckeridge Road, Wilton SP2 0FX

2 - 4pm 3rd Tuesday of the month

Silver Salisbury's Wilton Coffee & Chat

10

We meet outside the usual library opening hours for a chat over tea, coffee and biscuits followed by an interesting guest speaker. No charge and no need to book but donations towards refreshments appreciated. Contact 07842 865562 for more information.

Wilton Library, 12 South Street, Wilton SP2 0JS

10.30am - 12 noon on the 1st Wednesday of the month

The Wednesday Club Wilton

7

A friendly social club with speakers or social activities followed by tea and biscuits and time for a chat. Come and join us. First meeting free then £2 a meeting. For more information contact 01722 324676.

Wilton Community Centre, West Street, Wilton SP2 0DG

2.30 - 4pm 2nd Wednesday of the month

Pulmonary Fibrosis Support Group

7

We offer support, and advocate for a better patient experience, for those people living with Pulmonary Fibrosis, their families and carers. More information from 07885 064701.

Wilton Community Centre, West Street, Wilton SP2 0DG

11am - 1pm on the last Wednesday of the month

X Shows location on map on page 59

Silver Wilton, Fovant & Dinton

Social & Wellbeing

Wilton & District Thursday Club

7

A weekly lunch club for over 60s to connect with others, socialise and take part in activities. Stop in for a cuppa and a chat or to find out more contact Deborah on wiltonthursdayclub@gmail.com or 07545 769794.

Wilton Community Centre, West Street, Wilton SP2 0DG

11 am - 3pm Thursdays

Coffee Mornings at Fovant Village Hall

7

A sociable, coffee morning for those from the Fovant area. Just 50p for a cup of coffee. If you need any more information contact Marilyn 07760 439955 or marilynann2011@gmail.com.

Fovant Village Hall, Tisbury Road, Fovant SP3 5JT

10 - 11 am Thursdays

SWANS WI

7

All sorts of activities: superb speakers, dancing, demonstrations, things to make us laugh (and sometimes cry!). And of course, we make cakes and jam! No need to book but for more information contact 07966 753807 or suew1812@yahoo.co.uk.

Wilton Community Centre, West Street, Wilton SP2 0DG

2 - 4pm on the 1st Thursday of the month

Wilton & District u3a

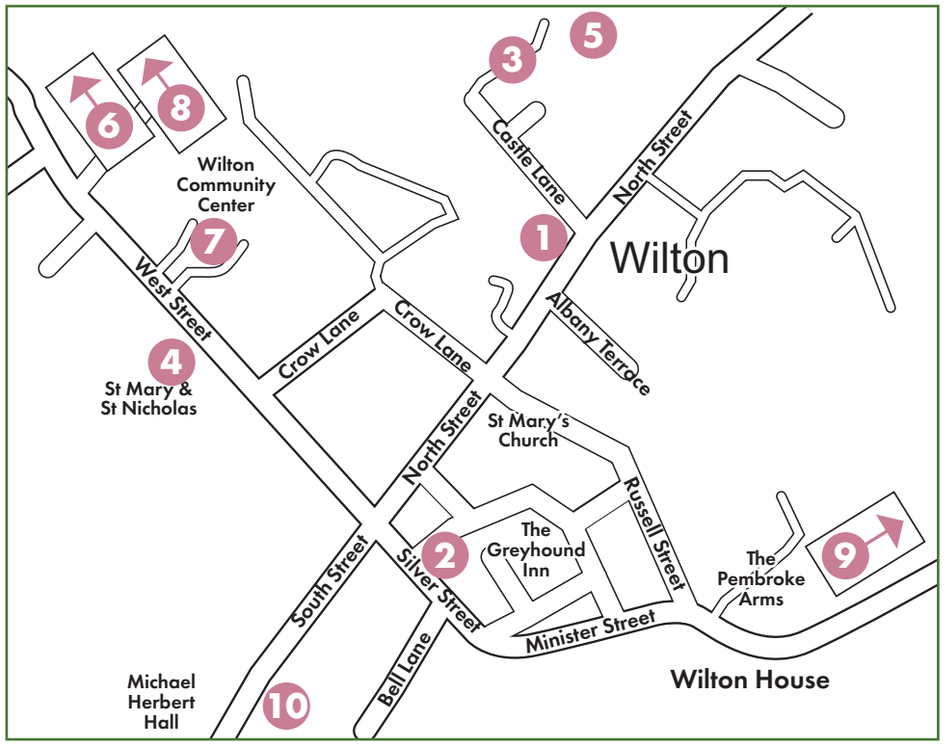
2

u3a is a volunteer-led organisation offering opportunities for retired or semi-retired people to come together to learn for fun, drawing upon their knowledge and experience to teach and learn from each other. As well as monthly meetings, there is a wide range of volunteer-led interest groups. Membership is currently £17.50 a year plus expenses associated with a member's interest groups. To find out more please contact 07562 515248 or secretary@wilton-district-u3a.co.uk, or come to a monthly meeting.

The Baptist Church, Market Square, Wilton SP2 0HT

2 - 4pm on the 2nd Friday of the month

Event Locations



1. Annie's Wool Shop SP2 0HE
2. Wilton Baptist Church SP2 0HT
3. Castle Meadow Pavilion SP2 0H
4. WMSET Hall SP2 0DL
5. Wilton Men's Shed SP2 0HG
6. Fovant Village Hall SP3 5JT
7. Wilton Community Centre SP2 0DG
8. The Pavillion SP3 5HH
9. Wilton Place Care Home SP2 0FX
10. Wilton Library SP2 0JS



X Shows location on map on page 59

Autumn 26 - Summer 27



Silver Salisbury is here to help older people try new things, meet new people, and make new friends.

As a small charity, we are very grateful for the grants that fund us and the support of our amazing volunteers.

We're always keen to welcome new volunteers. If you'd like to join us, we'd love to hear from you.

Visit our website, www. silversalisbury.co.uk or call 01722 323812 to find out more.

SILVER SALISBURY · CELEBRATING OLDER PEOPLE ·

07842 865562
www.silversalisbury.co.uk